

1. OUTSIDE

Place the brush at angle along outer gum line. Wiggle gently back and forth. Repeat for each tooth.



2. INSIDE

Brush inside surface of each tooth using wiggling technique as step 1.



3. WAY IN THE BACK

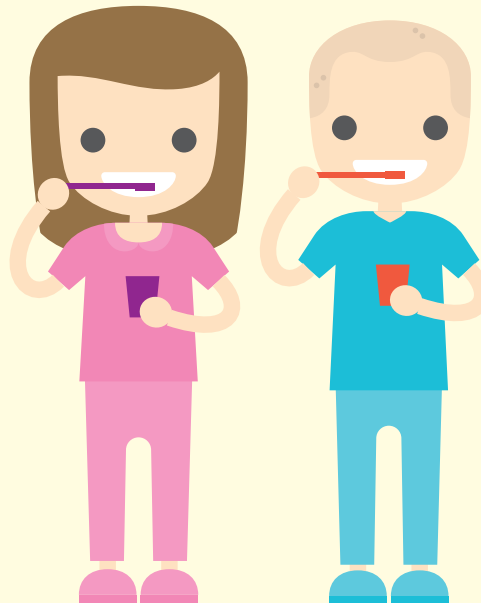
Brush chewing surface of each tooth.



How To Brush Your Teeth

4. BEHIND FRONT TEETH

Use tip of toothbrush to brush behind each front tooth, both top and bottom.



5. TONGUE & ROOF

Don't forget to brush your tongue and the roof of your mouth.

